





**But this process needs  
our support to really  
make it work!**





**Bonding is the key!**



# The Daily NEWS

Sports  
highlights  
pg C-1  
Editorials  
pg D-10

## Local youth support area charity

# News☆Source

Established in 1823

## Children help start anti-drug program

# The Springfield Post

Vol. 321

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## Graduation rate improves dramatically

Today's Weather:  
Sunny, high 58



**The goal...**  
**Healthy behaviors**  
for all children and youth

**Start with...**  
**Healthy beliefs & clear standards**  
...in families, schools, communities and peer groups

**Build...**  
**Bonding**  
• **Attachment** • **Commitment**  
...to families, schools, communities and peer groups

**By providing...**  
**Opportunities**

**By providing...**  
**Skills**

**By providing...**  
**Recognition**

...in families, schools, communities and peer groups

**And by nurturing...**  
**Individual characteristics**

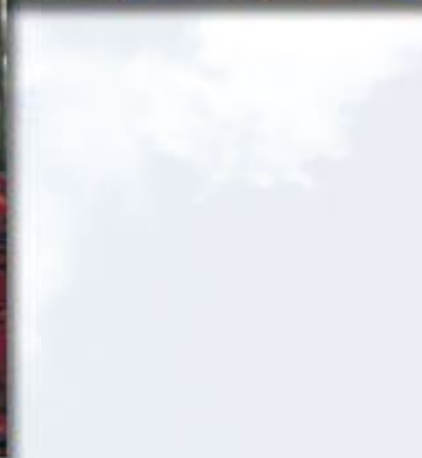
**Building  
protection:**

**The Social  
Development  
Strategy**

# How does bonding develop?



- Skills
- Opportunities and
- Recognition





A collage of three photographs. The top-left photo shows a young Black boy in a striped shirt and jeans, smiling and carrying books. The top-right photo shows a young white man in a plaid shirt, smiling. The bottom-right photo shows a woman and a young girl watering plants with a blue watering can. A red text box is overlaid in the center.

**Why are  
opportunities  
so important?**

*"My dad lets me pick out  
my back-to-school clothes."*

*"My neighbor, Ms. Henderson, gave  
me the opportunity to take care of  
her dog when she was out of town."*

*"Coach Banks gave me the  
opportunity to help him coach  
some younger kids at soccer."*



**What opportunities can you give?**





*"My dad taught me how to spend my money carefully and to pick out clothes that are OK for school."*

*"My neighbor taught me how to feed and walk her dog, and lock up her house."*

*"Coach Banks helped teach me how to communicate my ideas clearly."*



## What skills will young people need?



# Teach skills the right way.



- Motivate the young person to want to learn the skill.
- Explain the skill.
- Break it into small steps.
- Model each step.
- Practice.
- Offer positive feedback.





*"When I did a good job, my dad gave me an extra half hour to play on the computer."*

*"Ms. Henderson gave me a gift certificate to my favorite store."*

*"Coach Banks took me to one side and thanked me for all my hard work."*



**What recognition were you given when you were younger?**



# Make recognition about being positive.



- Recognize specific behaviors.
- Focus on the positive.
- Be sincere.
- Praise effort, progress and achievement.





# Promote the life you want for your youth!



Families and relatives can:

- model healthy behaviors
- meet with the family to set standards for behavior
- support involvement in healthy activities.



# Healthy beliefs and clear standards are for everyone!



- Teachers can set clear guidelines for behavior.
- Neighbors and other community members can keep messages consistent.







**Make the commitment!**





Now **SOAR** into action!

